



Daily Rhythm

9:00 a.m. - 9:15 a.m. Welcome!

Children enter the classroom, sign in, put their things away in their cubbies, and wash their hands before exploring the classroom. Parents are welcome to stay and read to their child, play a game, do an art project, or get them started on an activity.

9:15 a.m. Morning Gathering

Parents say good-bye to their children and we join together in a circle. We do a welcoming song and talk about the day ahead. This might include reading a story related to our current theme, demonstrating a new activity, talking about an art project, or discussing the idea for journal writing for the day.

9:30 a.m. - 10:45 a.m. Explore and Play

This is our open work time where children have lots of uninterrupted time to explore, work, and play. Children can choose from the different areas in the classroom, possibly working on an individual activity or collaborating with others. During this time, a teacher may call children over for journal writing or other small group work. An open snack is also available when each child feels ready and hungry. On certain days, we have a Music Together teacher and an art teacher visit our classroom during this time.

10:45 a.m. Clean Up and Gathering

We clean up our classroom, get shoes on, and gather together to sing songs related to our theme.

11:00 a.m. - 11:45 a.m. Outside Play

We go outside every day, rain or shine. We are mostly in our play yard where children can choose from playing in the play house, digging in the sandbox, playing with trucks and

planks, exploring the water or mud table, playing soccer and basketball, hiding in the willow hut, drawing with sidewalk chalk, caring for our pet bunny, running and climbing. On some days, the whole group or a small group will go to our nearby Community Garden plot to care for the garden.

11:45 a.m. Clean up and Get Ready for Lunch

We clean up our outside area as a group. We go inside to wash hands and sit for lunch.

12:15 p.m. End of Lunch

Children can start cleaning up their lunch space if they feel ready. Children can also continue eating as they learn to regulate themselves. After washing hands, children look at books either individually or with friends.

12:30 p.m. - 12:45 p.m. Gathering

We have a daily gathering where parents and families are invited. We reflect on our day, sing songs, and look forward to our next day together. Some of the children go home at this time.

Extended Care Schedule

12:45 p.m.

Get ready for resting, use the bathroom, set up cots.

1:00 p.m. - 3:00 p.m.

Some children nap while other children rest, read stories, do puzzles, work on art projects, play board games, create with recycled materials, or do small group work with a teacher. On some afternoons, we have specialists in areas such as Spanish and yoga that visit our classroom at 2:30 p.m.

3:00 p.m.

Snack and get ready to go outside.

3:30 p.m. - 5:00p.m.

We go outside to play. Parents arrive anytime between 3:30-4:50 p.m. Children gather their belongings and then say goodbye to teachers and friends.